



# 2024 Overview

**Number of People Served in 2024**      **1,070**

**Total Meals**      **201,361**  
 Home Delivered Meals      195,746  
 Blizzard Box Meals      225  
 Ensure Delivered      5,390

**Who We Serve**

Male      43%  
 Female      57%  
 African-American      35%  
 Caucasian      63%  
 Other      2%

Youngest Child      2  
 Youngest Adult      18  
 Most Senior Adult      102

**Age Ranges**

Under the age of 60      25%  
 60-64 years of age      13%  
 65-75 years of age      26%  
 76+ years of age      36%

**Residence**

Lynchburg      72%  
 Amherst County      9%  
 Bedford County      4%  
 Campbell County      14%

**50 Years - 3.393 Million Meals**

**What We Serve**

Received Regular (Heart & Diabetic Friendly) Meals      62%  
 Recipients with Special Diets      38%

Total number of Recipients who received at least one Supper      675  
 Regular supper recipients plus modifications made in delivery schedule to accommodate for appointments/etc. (in lieu of coolers). \*Includes weekend meal pilot program.

Recipients who needed help feeding their pet (Animeals)      129

**Other Interesting Statistics**

Emergency Calls/Safety Calls Made      3,632

**New Recipients**

Received meals same day or next day after calling (5 same day, 136 next day)      141

**Client Program Fees**

Recipient Receives Meals at No Charge      88.3%  
 Pays Something      11.6%  
 Pays Full Amount (\$5.45/meal)      9.4%

Recipients Living at or below 100% of Poverty Line      56%  
 (\$1,125 per month or less for 1 person)

**Increase in Number of People Served**

1 year      11%  
 5 Year      69%

**2024 Recipient Survey Data:**

Recipients reporting improved nutrition      80%  
 Reporting significant health improvements      59%  
 Reporting reduced loneliness      66%  
 Feel safer/more confident in their homes      92%

