



# Meals on Wheels

of Greater Lynchburg

*Delivering independence, nourishing body and spirit*

## 2022 Overview

**Number of People Served** 911

**Total Meals** 139,726  
 Home Delivered Meals 134,401  
 Blizzard Box Meals 2,375  
 Ensure Delivered 2,950

**Who We Serve**  
 Male 40%  
 Female 60%  
 African-American 27%  
 Caucasian 72%  
 Other 1%

Youngest Adult 18  
 Most Senior Adult 102

**Age Ranges**  
 Under the age of 60 18%  
 60-64 years of age 11%  
 65-75 years of age 27%  
 76+ years of age 44%

**Residence**  
 Lynchburg 74%  
 Amherst County 10%  
 Bedford County 4%  
 Campbell County 12%

Clients Living at or below Poverty Line 57%  
 (\$1,133 per month or less for one person)

**What We Serve**  
 Received Regular Meals (Heart & Diabetic Friendly) 64%  
 Recipients with Special Diets 36%

Received Supplemental Food through Food Bank Programs & Park View Mission 45

Pets Served through Animeals 67

**Other Interesting Statistics**  
 Emergency Calls/Safety Calls Made 4,014  
 a volunteer noticed something was amiss or a recipient was unexpectedly not home

Recipients with No Emergency Contact 14%

New Recipients 247

**Client Program Fees**  
 Recipient Receives Meals at No Charge 80%  
 Pays Something 9%  
 Pays Full Amount (\$5.45/day) 11%

**Volunteers Make it Happen**  
 New Volunteers Engaged 95  
 Estimated Volunteer Hours 28,000  
 Miles Driven 218,856  
 Total Number of Volunteers 850

2022 IRS Valuation of Contributed Services \$968,272

