

# Tidbits

Summer, 2017

## Choice Bites

Did you know you can give to Meals on Wheels of Greater Lynchburg in many ways?

- **Kroger Rewards.** Register your Kroger card at:
  - \* krogercommunityrewards.com
  - \* Or call 1-800-KROGERS option 3
  - \* **Our number is 90146**
- **Amazon Smile** is a simple and automatic way for you to support MOW. Simply shop at smile.amazon.com and select Meals on Wheels of Lynchburg as your charitable organization.
- Dine at **Carol's Restaurant** 7/30—8/14. See the back page for a special promotion.

## Thank You!

We are able to meet the needs in this community because of local grants and organizations that have events to benefit Meals on Wheels. Special thanks this calendar quarter to:

- **Genworth Foundation** who generously supported us with \$5,000.
- **Women of the Moose** hosted a Spring Fling for our benefit.
- **Bowen Jewelry** designated Meal on Wheels as the recipient of their first "diamond dig" at the Lynchburg Hillcats.
- **Lynchburg Living's** Restaurant Week. We especially thank all the restaurants that covered credit card fees and made additional donations.



## Meals on Wheels All Star Night

Saturday, July 29<sup>th</sup>

*Meals on Wheels Night at the Lynchburg Hillcats*

**W**hy wait to buy a ticket at the gate, when you can pay the same price for a reserved seat to the Hillcats game, **and** make a \$4 donation to Meals on Wheels?

In addition to a great ballgame, at MOW's All-Star Night, there will be opportunities for MOW supporters and volunteers to participate in special activities, such as throwing out the first pitch, singing the national anthem, or having a chance to win special prizes.

This is a great opportunity for church groups, business teams, civic groups or families to have fun **and** support a great cause.

Special reserved tickets will be sold through Meals on Wheels for \$9—\$4 of which goes directly to MOW. These seats are in the new section, under shade.



The Hillcats mascot, Southpaw, delivered meals in March to our recipients.

Photo by Jill Nance, The News & Advance

## PURCHASE OPTIONS

- Order online at mealslynchburg.org
- Send a check to P O Box 1338, Lynchburg VA 24505 (\$9 per ticket)
- Pick up & pay at the MOW office: 605 Clay Street
- Call 434.847.0796 for more info

- Purchase a \$9 reserved seat **from MOW** (Arrive early to win a chance to throw out the 'first pitch')
- Enjoy sparkling postgame fireworks and a special 'Remember the '80s Mets' theme!

**Hit a home run** by getting your **All-Stars** together!

**p.s. Anyone** can support MOW on the 29<sup>th</sup> and join in the All-Star celebration – so share this info with everyone you know, and bring a crowd! *Just remember to purchase these tickets from Meals on Wheels!*

# Diversity is the Name of the Game

It is hard to believe we are already half way through the year. We have been busy raising funds to run the program, but more importantly, raising awareness about our program and advocating for the people we serve. It is an exceptionally diverse group of people. Currently, **the youngest person we serve is 24, and the oldest recently turned 104!** We have people that wouldn't accept the meal if they couldn't pay for it themselves and a large percentage that would like to pay, but it is totally beyond their means. I recently found out that **24501 is the poorest zip code in the state of Virginia**, and sits right here in the middle of Lynchburg.

Equally surprising is the diversity in length of time our recipients have been with Meals on Wheels. Recently, we served Mr. F for only 2 days (Emergency-Meals) when he was suddenly released from the hospital and before longer-term arrangements could be made. At the other end of the spectrum is Ms. E, whom we have served for 18 years because of her severe seizure disorder. There is no "typical" Meals on Wheels recipient, and we celebrate each one and all their diversity.

*Kris Shabestar, Executive*

## We Took a Swing at Hunger

Meals on Wheels' 10<sup>th</sup> Annual Golf Tournament was a huge success, raising just over \$20,000 to deliver more meals to our neighbors in need. **We took a swing at hunger and with help from our friends, we scored a hole in one!**

### Sponsors

- ★ Centra Medical Group
- ★ Meals on Wheels Board of Directors
- ★ Areva

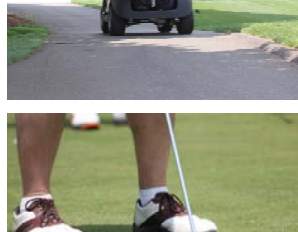
### Business Teams & Hole Sponsors



- Atlantic Construction
- Aylor's Farm & Garden
- BRS Landscaping & Design
- BWX Technologies
- Linda & David Bryant
- Campbell Insurance

- Consensus Realty
- Contemporary Healthcare Solutions
- Dodson Brothers Exterminating Co.
- Ford Mays Wealth Management
- Lynchburg General Auxiliary
- Long & Foster, James Glass
- Mid-State Insurance Company
- Moore & Giles
- Moyanne

- Webb Sports
- Westminster Canterbury
- Meals on Wheels Staff
- MOW Board of Directors



### Giving March 11 2017 - June 15, 2017

#### In Honor

**Mary Spence Acree**  
by Mrs. Robert Marshall  
**All The Volunteers**  
by Mr. & Mrs. Will Hunter  
**My Brother**  
by Mrs. Dick Torode  
**Bill Hogans Sunday School Class**  
by Dr. Holland D. Warren  
**Mrs. Grace Dean**  
by Mrs. Ruby Lynch  
**Vicky Fenimore**  
by Ms. Cecelia Lawson  
**Joseph Ferris**  
by Mr. & Mrs. Joe F. Mayberry  
**Kristin Flippin**  
by Mrs. John M. Flippin  
**Mrs. Melba Crank**  
by Mr. & Mrs. Benjamin Green  
**Sophia Harvey**  
by Mrs. Laura Bailey  
**Rev. Alberta Gelpen**  
by Alberta Sue Epperly  
**John Lawson, Cheryl Mayo and Jesus**  
by Mr. Christopher DeFord  
**Levi & Mia Johnson**  
by Mr. & Mrs. Eugene Maddera  
**Suzanne Johnson**  
by Mrs. Robert Galloway  
**Bobby McDaniel**  
by Ms. Mary Spence Acree  
**Marjorie & Chester Patchell**  
by Mr. & Mrs. Kenneth R. Patchell  
**Toni Piggott's 80<sup>th</sup> Birthday**  
by Mr. & Mrs. John Alford  
**Kris Shabestar**  
by Ms. Marie Waller  
**The Shabestars**  
by Myra & Bob Dendy  
**The PACE Staff**  
by Mr. & Mrs. Robert Simontone  
**The Volunteers**  
by Ms. Susan F. Parsley  
**Henry Vanhoozier**  
by Mrs. Henry Vanhoozier  
**Holland Warren**  
by Beulah Baptist/Bill Hogan's Sunday School Class  
**Nollner Watts**  
by Ms. Mary Spence Acree  
**Tara Wells**  
by Elizabeth Jenkins & Carter Jenkins  
**Linda & John S. Williams' marriage**  
by Ms. Carol Coston

**by Dr. & Mrs. Stephen Bryant**  
**Paul Cowins**  
by Ms. Linda Allison  
Mrs. John Cowins  
Mr. & Mrs. James Elder  
Mr. & Mrs. James H. Meeks  
**Susan Crank & Dr. Charles Crank**  
by Melba C. Crank  
Mr. & Mrs. Benjamin Green  
**Donnie T. Crawford**  
by Mr. Joseph Crawford  
**Lizzie Mayhew Creasy**  
by Bruce D. Dudley  
**Joseph Crockett**  
by Bertha Crockett  
**Diane Currier**  
by Ms. Danielle M. Currier  
**Rose Daugherty**  
by Ms. June A. Alderson  
**Jane Dooley**  
by Mr. George Dooley  
**Aise Downey**  
by Ms. Olivia Downey  
**Reva Mayhew Dudley**  
by Bruce D. Dudley  
**Josephine Fernandez**  
by Susan Craighill  
**Guy P. Fowlkes**  
by Mr. & Mrs. Terry L. Adams  
**Rev. Leslie M. Gelpen**  
by Ms. Alberta S. Epperly  
**Mr. George C. Gianakos**  
by Mr. & Mrs. John Cobb  
**Ronald D. Hale**  
by Mrs. Shirley Hale  
**Geraldine Hall**  
by Ms. Amy Seading  
**Geraldine Campbell Hall Staton Hill**  
by Mr. & Mrs. John A. Greenwood Jr.  
**Marcella Jackson**  
by Ms. Sandra Jackson  
**Aloria Jamerson**  
by Mr. Bill L. Jamerson  
**Joan Rosenberger's sister Jean**  
by Jean Gilliam  
**L.W., Bertha, & Terry Tucker**  
by Ms. Wanda Garbee  
**Janet Dudley Litchford**  
by Bruce D. Dudley  
**Florence Mantelli**  
by Carol G. Grasso  
**Elizabeth Manus**  
by Mr. & Mrs. Douglas Evans  
**Garland Mapp**  
by Rose Mapp  
**Pauline & Thomas Marshall**  
by Donna M Brown & Kathy M Harris  
**Loretta Marszalek**  
by James W. Tolbert  
**Bernard D. Martin**  
by Mrs. Bernard Martin  
**Max Meador**  
by Jackie H. Meador  
**H. D. Morris**  
by Ms. Ruby Elliott  
**Martha Oliver Moss**  
by Anonymous  
Mr. & Mrs. Edward Beeher  
Mr. & Mrs. Cecil R. Brooks Sr.  
Mr. Russell M. Franklin  
Mr. & Mrs. Bernard Gowen  
Mr. & Mrs. Linda Reichard  
Ms. Thelma L. Roakes  
**Callie Margaret Parish Newton**  
by Marge Dillard  
Ms. Dana J. Duffield  
Mrs. Cheryl Gerlich

#### Memory of

**James Almond**  
by Mrs. James Almond  
**Lore Bird**  
by William & Patricia Lease  
**Richard R. Cadieux**  
by Mr. & Mrs. Dale Lareau  
**Elsie T. Campbell**  
by Mr. & Mrs. Horace N. Knight  
**Betty Joan "Jo" Harvey Carey**  
by Ms. Alyce Blanks  
Mr. & Mrs. Thomas Dillard  
**Aaron W. Charles**  
by Mr. & Mrs. Hossein Rezaei  
**Nina Charles**  
by Mr. & Mrs. Hossein Rezaei  
**Willie E. Clark, III**  
by Mrs. Geraldine Clark  
**Helen J. Contreras**  
by Mrs. Stephen Bryant  
Mrs. Lester Layne  
Mrs. Robin Levandoski  
Mr. Charles Leys  
Mrs. Lillian Linn  
Dr. & Mrs. Robert Lockridge  
Tom & Betty Mabe  
Mrs. W. R. Markwood  
Nancy C. Mize  
Louise Montague  
The Rev. Catherine W. & Mr. J. Robert Montgomery  
The Honorable Norman Moon  
Ronald W. Neblett  
Mr. & Mrs. Wallace Nuckols  
Mr. & Mrs. Robert Day  
Mr. & Mrs. Brian Delano  
Mr. & Mrs. Vince Desmond  
Dennis & Martha Dodson  
Dr. & Mrs. James Dunstan  
Eldon & Georgie Easter  
Mr. & Mrs. Donald Eastman  
Mr. Theodore Engelder  
Mr. & Mrs. Wilfred Engelke  
Caroline & Robert Evans  
Mrs. R. L. Fairchild  
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Ms. Georgia Willis Fauber  
Mr. George Ferguson  
Mrs. Ryan Fifer  
Libby & Paul Fitzgerald  
Dr. & Mrs. Kiah Ford  
Ms. Stacey Foster  
Ms. Laura Franklenfield  
Ms. Betty Franklin  
Mr. & Mrs. David Scalf  
Mr. & Mrs. Donald Schallon  
Dr. & Mrs. Dennis M. Scruggs  
Ms. Kay D. Seib  
Mr. & Mrs. Joseph M. Seiffert  
Mr. & Mrs. Charles Selph  
Dr. & Mrs. Thomas Golden  
Dennis Goltuso  
Mr. & Mrs. John Grubba  
Dr. & Mrs. A. Pierre Guillermin  
Rosa Guinn  
Mr. & Mrs. Robert Hackworth  
Mr. & Mrs. Harry Haga  
Ms. Dianne Hall  
Mr. & Mrs. A. Kim Hall  
Mr. & Mrs. William Hardwick  
Mrs. Ann Harper  
Mrs. Donald Harrington  
Ms. Lisa E. Harris  
Mr. & Mrs. Dodd Harvey  
Mr. & Mrs. Simon Hatin  
Mr. & Mrs. James Haungs  
Becky Hawkins  
Dr. & Mrs. Everette Hellewell  
Mrs. Sarah & Timothy Hellewell  
Ms. Berneta Henry  
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Mr. & Mrs. Harry Honig  
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Mr. & Mrs. Myles Jackson  
Mr. Roger Jenkins  
Mr. & Mrs. Robert Johnson  
Barbara Johnson  
Ms. M. Marcy Jones  
Mrs. Alice Karras  
Ms. Kimberly Kavanaugh  
Mr. & Mrs. George Keebler

**Our Parents**  
by Mr. & Mrs. Wallace Kabler  
**Doris Mayhew Potter**  
by Bruce D. Dudley  
**Thelma Shelton Price**  
by Joyce Price  
**Eva B. Pribble**  
by Etta P. Ashwell  
**Nowlin & Kathryn Puckett**  
by Bill Puckett  
**Dick Royer**  
by Mrs. Richard Royer  
**Scarlett Litchford Scott**  
by Bruce D. Dudley  
**Margaret Blanks Shields, R.N**  
by Diana & Terry Ray  
**Scott J. Slaughter**  
by Judy & Robin Gillispie  
**Harry St. John**  
by Valerie Lindner  
**Charles Cannon Sullivan**  
by Alice D. Sullivan  
**Bert Taurman, Jr.**  
by Vicky M. Fenimore  
**Elizabeth Emerson Valone**  
by Briana Valone  
**Ella Vaughn**  
by Mr. Earl Vaughn  
**Joseph Vigneau, Jr**  
by Ms. Jane Vigneau  
**Fred Waddell**  
by Mrs. Nathanael Habel  
**Audrey Webster**  
by Mr. Jeff Young  
**Sandra Stone Whitehead**  
by Mr. & Mrs. James E. Cleland  
**Buddy Woody**  
by Mr. & Mrs. Thomas Woody  
**Mary & Elmer Zemie**  
by Mr. & Mrs. Edmunds Cass

#### Individuals

Dr. Bill Albers  
Anonymous  
Mark & Cheri Armstrong  
Mr. & Mrs. Wendell Armstrong  
Ms. Pat Aronson  
Mrs. Barbara Arthur  
Etta P. Ashwell  
Mr. & Mrs. Bernard Baldwin  
Mrs. Russell Ball  
Mrs. Toni Ballagh  
Mrs. Marie Bartley  
George B. & Betsy B. Beam  
Mr. & Mrs. Clarence Beebe  
Dr. & Mrs. James Blackburn  
Mr. & Mrs. Linwood Blunt  
Mr. Ryan Bomberger  
Mrs. Kathleen Booth  
Richard & Darnelle Bordeaux  
Mr. & Mrs. Lawrence Bowden  
Mr. & Mrs. Dennis Bradshaw  
Mrs. Terry & Robert Brennan  
Mr. & Mrs. Dubois A. Brice  
Mr. Paul Broda  
Mr. Robert Brown  
Bill & Norma Brown  
Mr. & Mrs. James Brunson  
Mr. & Mrs. David Bryant  
Mr. & Mrs. Larry J. Cagle  
Mr. & Mrs. Richard Carrington, III  
Mr. & Mrs. John Carter  
Ms. Sandra Caselli  
Ms. Joanne Caudill  
Ms. Pauline Dickens & Mr. Joe Chavez  
Mr. & Mrs. David Bruce Christian  
Ms. Elizabeth Clark  
Mr. & Mrs. Robert Clarke  
Margie Clevinger

Fairview Christian  
Girl Scout Troop 108  
Girl Scout Troop 676  
Girl Scout Troop 819  
Hill City Wholesale Co.  
Honda Suzuki of Lynchburg  
Mr. & Mrs. Donald Irby  
Isabella's Italian Trattoria  
Jackson St. UMC/Women's Club  
La La's Salon & Spa  
Lynchburg Hillcats  
Magnolia Foods  
Market At Main  
MayLynn's Creamery  
Moore and Giles, Inc.  
Opera On The James  
Parlor Spa  
Rivermont Bakery  
Sam's Club  
Shay's Unique Gifts  
Signs by Tomorrow  
Wal-Mart Super Center  
Ms. Veronica Washington  
Mr. & Mrs. Thomas Webb

#### Foundations, Business & Civic

American Legion Auxiliary  
Areva  
Bank of the James  
Brown, Edwards & Company LLP  
BWX Technologies, Inc.  
Campbell Insurance  
Centra Medical Group  
Elks Lodge #321  
Ford Mays Wealth Management  
Interiors by Moyanne  
Lynchburg Tire Corp  
Lynchburg Wealth Management  
Members of Alpha Delta Kappa  
Mid State Ins. Co.  
Moose Lodge # 1727  
Old Dominion Lodge  
Peery Family Dentistry  
River Technologies, LLC  
Scott Insurance  
Westminster Canterbury

#### Faith Community

Bethlehem Lutheran  
Beulah Baptist  
Big Island Baptist  
Campbell Avenue Baptist  
Chestnut Hill United Methodist  
College Hill Baptist  
Court Street Baptist  
Court Street United Methodist  
Covenant Presbyterian  
Fairview Christian  
First Presbyterian  
Fort Hill UMC/Fellowship Class  
Holy Trinity Lutheran  
Memorial Christian/Ginny Powell Circle  
Mountain View Church Of God  
Mountain View United Methodist Women  
Oakdale Baptist  
Peaceful Grove Baptist  
Peakland Baptist  
Peakland UMC/Ruth Circle  
Quaker Memorial Presbyterian  
Rivermont Baptist  
Saint Andrew Presbyterian  
Scott Zion Baptist  
Smyrna Seventh Day Adventist  
St. Paul's Episcopal  
Timberlake Christian  
Timberlake UMC  
Timberlake United Methodist  
Westminster Presbyterian  
Westminster Presb / Women

#### In-Kind

Academy Center of the Arts  
Boonsboro Country Club  
Lucy & Robert Cook



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When 200 vouchers are redeemed,  
Carol's Place will hold a drawing  
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Cashier:

Valid from 7/24—8/11 2017

scan voucher to credit the Meals on Wheels fundraiser