



Shoebox Birthday Greetings

Each year our meal recipients receive a card from Meals on Wheels on their birthday. Sometimes, this is the only recognition they receive on their special day. Thanks to those who helped us last year, we were able to give all of our meal recipients just a little more on their birthday. We have developed a list of goodies that could be assembled in a shoebox and given as their birthday gift.

Suggested Items to fill your shoebox:



*hand soap or shampoo
shave cream with disposable razor
deodorant / lotion
toothbrush and toothpaste
mouthwash
small pack of tissues
pens / stationery
a book of stamps
small puzzle book or
word find book
scotch tape
nail clippers / file
small stuffed animal
or any other little nicety or necessity
that you would like to include*

Please DO NOT include any food items or candy, (as many of our recipients are on restricted diets), or heavily scented items (due to allergies).

Please wrap all boxes with colorful birthday paper
Make sure to wrap the top separately from the bottom
Small photo boxes work very well for this and already come in decorative colors



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